

Alliance Behavioral Medicine, LLC  
Review of Systems/Medical History Update

Patient Name \_\_\_\_\_  
Date \_\_\_\_\_

Date of Birth \_\_\_\_\_  
Chart Number \_\_\_\_\_

ARE YOU CURRENTLY EXPERIENCING ANY OF THE FOLLOWING:

**General**

Good general health lately ..... no yes  
Recent weight change ..... no yes  
Fever ..... no yes  
Fatigue ..... no yes

**Eyes and vision**

Eye disease or injury ..... no yes  
Blurred or double vision ..... no yes  
Glaucoma ..... no yes

**Ears, nose, throat and mouth**

Hearing loss ..... no yes  
Ringing in the ears ..... no yes  
Earaches ..... no yes  
Sinus problems ..... no yes  
Mouth sores ..... no yes  
Dental or chewing problems ..... no yes  
Dentures ..... no yes

**Heart trouble**

Heart trouble ..... no yes  
Chest pains ..... no yes  
Sudden heartbeat changes ..... no yes  
Swelling of feet, ankles, hands ..... no yes

**Breathing trouble**

Frequent coughing ..... no yes  
Spitting up blood ..... no yes  
Shortness of breath ..... no yes  
Asthma or wheezing ..... no yes

**Stomach trouble**

Loss of appetite ..... no yes  
Change in bowel movements ..... no yes  
Nausea or vomiting ..... no yes  
Stomach pain ..... no yes  
Gastric Bypass or Lap Band ..... no yes

**WOMEN:**

Last menstrual period? \_\_\_\_\_  
Any menstrual problems? Yes \_\_\_\_\_ No \_\_\_\_\_  
Number of pregnancies \_\_\_\_\_  
Difficult pregnancy? Yes \_\_\_\_\_ No \_\_\_\_\_  
Miscarriages? \_\_\_\_\_  
Birth control method (if any)? \_\_\_\_\_  
Hysterectomy? Yes \_\_\_\_\_ No \_\_\_\_\_  
Breast pain/lump/discharge? Yes \_\_\_\_\_ No \_\_\_\_\_  
Last mammogram? \_\_\_\_\_  
Reviewed By \_\_\_\_\_ Date \_\_\_\_\_

**Joint trouble**

Cold hands/feet ..... no yes  
Difficulty walking ..... no yes  
Muscle pain or cramps ..... no yes

**Neurologic trouble**

Frequent or recurrent headaches ..... no yes  
Light headed or dizzy ..... no yes  
Convulsions or seizures ..... no yes  
Numbness or tingling sensations ..... no yes  
Tremors or shaking ..... no yes  
Involuntary movements ..... no yes  
Stroke ..... no yes  
Head injury ..... no yes  
Balance problems ..... no yes

**Hormone trouble**

Thyroid disease ..... no yes  
Diabetes ..... no yes  
Excessive thirst or urination ..... no yes  
Heat or cold intolerance ..... no yes  
Change in hat or glove size ..... no yes  
Change in skin color ..... no yes  
Change in hair or nails ..... no yes

**Bleeding trouble**

Slow to heal after cuts ..... no yes  
Easily bruising or bleeding ..... no yes  
Anemia ..... no yes

**Urination trouble**

Frequent urination ..... no yes  
Burning or painful urination ..... no yes  
Blood in urine ..... no yes

**ACTIVITY:** (CHECK ONE OR MORE BOXES)

- Occasional vigorous activity.
- Regular vigorous exercise.

**MEN:**

Prostate problems? Yes \_\_\_\_\_ No \_\_\_\_\_  
Erectile problems? Yes \_\_\_\_\_ No \_\_\_\_\_  
Vasectomy? Yes \_\_\_\_\_ No \_\_\_\_\_  
Hormone Irregularities? Yes \_\_\_\_\_ No \_\_\_\_\_

Patient/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_